



# INDIAN MEDICAL ASSOCIATION, TELlichERRY

*Monthly Report of Activities for the month APRIL 2026*

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**MEMBERSHIP**

<b>SCHEME</b>	<b>SCHEMES JOINED THIS MONTH</b>	<b>TOTAL MEMBERS JOINED</b>
<b>NEW MEMBERS</b>	13	<b>711</b>
<b>JDN(Less than 40)</b>		<b>128</b>
<b>SSS I</b>		<b>332</b>
<b>SSS II</b>		<b>284</b>
<b>SSS III</b>		<b>240</b>
<b>PPS</b>	13	<b>397</b>
<b>CGP</b>		<b>38</b>
<b>AMS</b>	-	<b>133</b>
<b>PEPS</b>		<b>10</b>
<b>KHS</b>		<b>388</b>
<b>MBS</b>		<b>28</b>
<b>PENSION SCHEME</b>	-	<b>28</b>
<b>PDSS</b>		<b>14</b>
<b>NAMMUDE AROGYAM COPIES</b>		<b>225</b>

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## **2.BRANCH MEETINGS**

### **D) EXECUTIVE COMMITTEE MEETINGS**

#### **08.04.2026: EXECUTIVE MEETING**

Executive Committee Meeting was held on 08.04.2026. Dr.Johnny Sebastian (President IMA Thalassery) welcomed the gathering and 26 members attended the meeting. Vote of thanks was proposed by Dr.Rejna Dilnath (Secretary IMA Thalassery).



## II) GENERAL BODY MEETING

### 29.04.2026: GENERAL BODY MEETING

The General Body Meeting was held at Hotel Navartna Inn, Thalassery. Dr. Johnny Sebastian (President IMA Thalassery) welcomed the attendees. Dr. Rejna Dilnath (Secretary IMA Thalassery) proposed the vote of thanks. A total of 49 members attended the meeting.



### 3) BRANCH CHAPTERS

#### AMS

**29.04.2026: CME**

IMA Thalassery in association with IMA AMS Thalassery conducted CME on Breast cancer - An overview by Dr. Vipin T ,surgical oncologist & Adjuvant and Neoadjuvant Therapy in Breast Cancer by Dr. Shamir Chandran, Radiation Oncologist at MVR cancer centre.The CME was conducted by AMS chairperson Dr Ranjith and secretary Dr Jaikrishnan which was attended by 49 members.



## 4) BRANCH COMMUNITY & SOCIAL ACTIVITIES

### Membership Campaign

**19.04.2026 & 20.04.2026 : MEMBERSHIP CAMPAIGN**

President and secretary visited various hospitals as part of membership campaign.

### Public Function

05.04.2026: Secretary Dr.Rejna Dilnath attended the 12th anniversary celebrations of Ashraya charitable foundation at Town bank Auditorium.



06.04.2026 :Dr Rajeev Nambiar,Past President was the main speaker at the youth conclave held at Paris Presidency on 6-4-2026.



**24.04.2026: INAUGURATION OF THE CENTENARY PARK**

Dr Johny Sebastian(President IMA Thalassery) attended the inauguration of the centenary Park at Thalasserry and felicitated the gathering.



**Meet the Candidates**

**06.04.2026: MEET THE CANDIDATES**

IMA officer bearers along with senior IMA leaders met the 3 candidates and handed over IMA's charter of demands and conveyed our apprehensions over the prevailing issues in the health sector.



**Donation**

07.04.2026: Dr Rajeev Nambiar District representative of PCS handed over an amount of Rs 7,000 to the MCC Paediatric oncward via the patient care scheme.



**Awareness Class**

**24.04.2026: SENSITISATION SESSION ON TB**

Sensitisation session on TB at Sreechand Hospital Kannur. Class was taken by Dr.Rejna Dilnath(Secretary IMA Thalassery )



## Media

### **23-4-2026 : PRESS CONFERENCE**

Press meet in relation with World Immunisation week was held at Thalasserry Press forum. President Dr Johny Sebastian, Secretary Dr Rejna Dilnath, Treasurer Dr Sijad, WIMA secretary Dr Haritha C attended the event which received wide media coverage.



## **5. PARTICIPATION IN STATE MEETINGS**

### *Participation in ZONAL meet*

#### **26.04.2026: WIMA NORTH ZONE FEST**

6 members attended the WIMA NZ Fest at IMA Perinthalmanna and actively participated in the cultural programme. Our team won the second prize at the skit completion.



## 6) STATE PROGRAMMES

### i) Nammude Arogyam Subscription

Thalassery IMA has been the subscriber for Nammude Arogyam. 225 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

### ii) Observation of State designated days

#### 07.04.2026: WORLD HEALTH DAY

IMA Thalassery and WIMA Thalassery in association with Thalassery cycling club organised a Cyclathon on the occasion of World Health Day on 7th April 2026 Tuesday at 7 am. The cyclathon was Flaged of at 7 am by Dr R Ramesh ,IMA National Vice President at Over burys folly (near SAI Centre) Thalassery.



Cyclathon concluded at Lions Hall Thalassery with Diabetes and hypertension screening for the participants and IMA members.



Healthy diet awareness class was taken by Dr Sreejith , Consultant Cardiologist TCH



Basic life support class was taken by Dr Nadeem Abootty with a practical hands on session.



### 24.04.2026: WORLD IMMUNISATION WEEK

The World immunisation week function was held at Municipal Town hall Thalassery. Meeting was inaugurated by Municipal Chairperson Mr Karayi Chandrasekharan. Key note address was delivered by Dr R Ramesh (IMA National Vice President. Secretary Dr Rejna Dilnath chaired over the session. Ward councillor Rasheeda felicitated. Dr Dhanya WIMA Vice Chairperson welcomed the gathering. Dr Vidhya Rao delivered the vote of thanks. Meeting was attended by more than 120 members.



## **7) SPECIAL PROJECTS BY BRANCH**

### **I) Tida Projects**

IMA Thalassery's pride project Healers haven work going well as planned. Structural works completed. Internal plastering almost completed. External plastering ongoing half way done. Phase 2 Convention centre & lodging block work will be starting soon.

### **II) Pain & Palliative Care Society**

#### **PAIN & PALLIATIVE CARE SOCIETY**

1. NUMBER OF NURSES HOME CARE CONDUCTED... 8 ( ON ALL WEDNESDAYS AND SATURDAYS)
2. NUMBER OF VOLUNTEERS (HOME CARE CONDUCTED) .37
3. NUMBER OF VOLUNTEERS HOME CARE PATIENT.8
- 4..NUMBER OF NURSES HOME CARE PATIENTS... 37
5. NUMBER OF OUT PATIENTS (OP) CONDUCTED... 5 (ON ALL WEDNESDAY )
6. NUMBER OF PATIENTS OP ATTENDED,....110
7. NUMBER OF WOUND CARE PATIENTS.... 6
8. NUMBER OF CATHETER CARE PATIENTS.... 10
9. NUMBER OF DEATH CASE.. 10
10. NUMBER OF MORPHINE PATIENTS.. 35
11. NUMBER OF CANCER PATIENTS... 69
- 12..NUMBER OF VOLUNTEERS PARTICIPATED IN THE HOME CARE VISITED.... 8
13. NUMBER OF NEW CASE...13
- 14.DOCTERS HOME CARE... 1
15. DOCTERS HOME CARE PATIENTS.. 1

